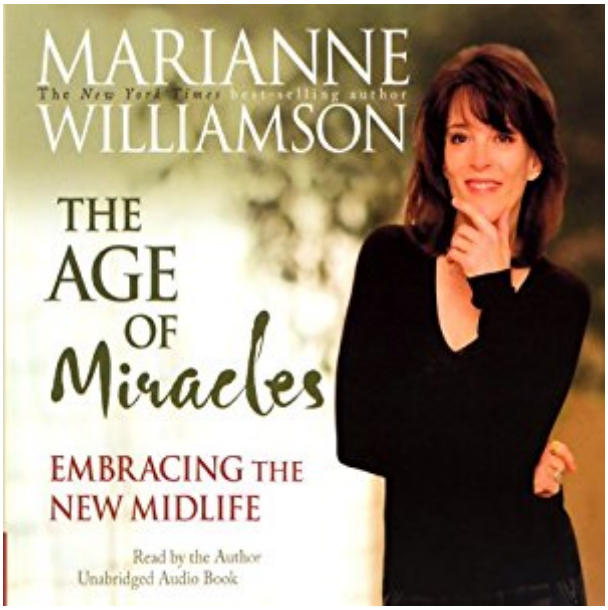
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The Age Of Miracles: Embracing The New Midlife



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Synopsis

From THE AGE OF MIRACLES Sometimes what we appear to have lost is simply something it was time to leave behind. Perhaps our system just lets something go, our having moved through the experience and now needing it no more. A friend of mine was sitting once with two of his best friends, a couple he'd partied long and hard with during the l960s. At about ten in the evening, the couple's twenty something daughter came home, saw them on the couch, and admonished them, ''You guys are so boring! You never go out!'' To which all three responded in unison, ''We were out, and now we're in.'' The mind is its own kind of dance floor. If in fact the highest, most creative work is the work of consciousness, then in slowing down we're not doing less; we're doing more. Having slowed down physically, we're in a better space to rev up psychically. We are becoming contemplative. We are shifting from the outer to the inner not in order to begin our demise, but to reseed and re green the consciousness of the planet. And that's what is happening now: We're going slower in order to go deeper, in order to go faster in the direction of urgently needed change in the world. --This text refers to an out of print or unavailable edition of this title.

Book Information

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Customer Reviews

I love how Marianne Williamson is willing to be honest about the lessons we all learn in consciousness. Like others, she definitely believes that our thoughts create our reality - however, she is one of the very few who is willing to say that any expansion or improvement in the state of our consciousness is often gained through the repetition of many trials and errors.So many of the self-help books today make it sound like all you have to do is think positively. And if you're not getting the results you want, the insinuation is that there must be some flaw in your character. But

from my own experience, not dealing with what is already negative within us is like trying to seal up an infected wound.Marianne honestly and artfully describes the need to understand this throughout the book. In the chapter titled "I Will Survive" she says, "...nothing is a more powerful state of being than a deep acceptance of what is. Too often we inquire about a situation, 'How can I change this?' when we should be asking, 'How can I dwell within this circumstance in the highest possible way?'" In yoga philosophy this would be called the path of surrender, one of several paths to spiritual enlightenment.As the book progresses the discussion turns from relationships to more global issues and the survival of our species, not to mention all other life, with a sense of urgency and purpose.The author and I appear to have grown up during the same span of time, so I relate very clearly to her references of life during the 60's and 70's. And I agree that mid-life is like a different kind of puberty. I have felt the call she describes to become more of myself, to be more authentic and to aspire to fulfull my highest and best purpose in this life very intensely in the past 10 years.This book represents a turning point in the collective experience of baby boomers everywhere. Just as we stirred things up in the late 60's and early 70's, the transition to mid-life of this huge demographic group is sure to make some waves again.Like Marianne says, it's hard to understand aging until you've been there. As complacent as our society has become in dealing with social problems, it's time for the baby boomers to rise again and take a new stand in the effort to raise global consciousness to a higher level.

When one reads this book it becomes evident that Martha Williamson does not 'believe' in God she KNOWS God...Her spiritual views are so universal, she would be a welcome voice in most houses of worship....Reading her words convinces one that there IS a loving spiritual force in this universe who created and loves....

This book is truly inspiring , what I loved was how even on a bad day , through reading this book you just may lift your head a little higher. I loved how we ca n grow older to be wiser and incredible beings and even though I am not religious I am spiritual and I do believe in a higher power - I thought this book was very well written and the only thing I struggled with was was the poems to god , but I saw that again as maybe a poem to a higher power - AllisonM

Love it! Marianne Williamson has such great energy and wisdom! Another great book!

I liked this book because it really makes you think on what you want to do with the rest of your life.

Up to a certain point your life does start when you hit midlife. You view life and the world differently by then. And you don't have much more time left to fool around, you really have to focus on what you truly want and how you want to experience it. Before this age you might have lived the life you needed to live, and not the life you wanted (which is my case), in order lo learn many things. But at this point you are entitled and obliged to live the life you really want to live.The author gives good advice as to how we should live after we hit the midlife line in our life odometer. You can take it or leave it, but she does have a point. When you hit midlife it's more likely that you already have a different perspective of life due to experience and that you are more mature (which you reach at any age or not at all), so you can totally relate to her own experiences and enjoy her advice. You can even try changing some attitude traits and ideas for your best interest and improvement as human beings. The book is oriented to women, but men wont get hurt if they read it. They might even learn a couple of things and understand what women go through when they reach midlife.

This was a good read. My favorite part was when it suddenly came to me how when you're in your mid 40's you finally realize you will never be that 30 something again. It takes the pressure off to know you don't have to be young to have a great life.. it's ok to be right where you are. You see the young ones in the hi heels, running around partying having fun living with no crazy responsibilities. It's nice to feel like you already had your turn. To quote Marriane: It is their turn now. Let them be the wild horses, we can just relax and enjoy where we are.Wow i was so enlightened by this book. I love being my age and where I am at in my life. It took this book to really make me appreciate it!

Although this book did contain some insights, most of the content I have read before in other publications. Perhaps the problem was that it was largely not applicable to me- I am in the right demographic but I couldn't relate to many of the situations the author was referring to. It seems I have not experienced enough trauma in my life through death or divorce or bad relationships and consequently I'm not bitter and twisted! The history of womanhood was interesting but a bit graphic, especially before bedtime!The fact that it was in Kindle form (and I still have my Kindle L plates on) didn't help as I wasn't able to flick through the pages, which I find tend to do when reading a book in paper form. And for some reason I also wasn't able to access the Table of Contents.

This is about Marianne mourning her youth, beauty and sex drive. I love ACIM and have loved many of her books, but definitely not this one. I am struggling with aging and thought this book would have a refreshing spiritual perspective....it wasn't. It confirmed my worse fears, I'm old,

fading, invisible...and wishing I weren't. :-(

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